



Member
World Rugby • Asia Rugby • Indian Olympic Association

Job Title: Team Massage Therapist – Senior National Teams

Reporting To: Head Coach/General Manager – High Performance

Location: National Camps, Competitions (Domestic & International), and Training Venues

Contract Type: Contractual

Role Overview

The Team Massage Therapist will be responsible for delivering high-quality sports massage and soft tissue therapy services to athletes of the Senior National Rugby Teams. The role is integral to athlete recovery, injury prevention, and performance optimization across training camps, competitions, and international tours. The therapist will work closely with the medical, sports science, and coaching staff within a high-performance environment.

Interested candidates are required to submit their CVs to ankush.arora@rugbyindia.in and sourojit.ghosh@rugbyindia.in The deadline for submitting is **14th February, 2026**.

Key Responsibilities

Athlete Care & Performance Support

- Deliver pre-training, post-training, and recovery-focused sports massage to national team athletes
- Support injury prevention and recovery protocols through appropriate soft tissue techniques
- Assist in preparing athletes for training sessions and matches
- Monitor athlete muscle condition and report concerns to the medical team

Medical & High Performance Integration

- Work collaboratively with physiotherapists, doctors, strength & conditioning coaches, and sports scientists
- Follow individual athlete treatment plans as prescribed by the medical staff
- Maintain accurate treatment and recovery records as required
- Adhere strictly to medical and safeguarding protocols

Camps, Tours & Competitions

- Travel with the Senior National Teams for domestic and international competitions
- Provide on-site massage support during tournaments, matches, and recovery windows
- Assist with load management and recovery strategies during congested competition schedules

Professional Standards & Compliance

Indian Rugby Football Union

305, Floor - Basement B/2, Churchgate Chambers, Vitthaldas Thackersey Marg, New Marine Lines, Mumbai, Maharashtra, India - 400 020.

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- Maintain high standards of hygiene, professionalism, and athlete confidentiality
- Ensure compliance with anti-doping regulations and federation medical guidelines
- Stay updated with best practices in sports massage and recovery techniques

Required Qualifications & Certifications

- Diploma or Degree in Sports Massage Therapy / Physiotherapy Assistance / Soft Tissue Therapy
- Certified Sports Massage Therapist

Experience

- Minimum 1-2 years of experience working with elite or competitive athletes
- Prior experience with rugby or contact sports is strongly preferred
- Experience working in high-performance or national-level sports environments is desirable

Key Skills & Competencies

- Strong understanding of rugby-specific physical demands
- Excellent communication and interpersonal skills
- Ability to work under pressure in high-performance environments
- High levels of professionalism, discretion, and integrity
- Flexible availability, including weekends and extended tours

Desirable Attributes

- Familiarity with recovery modalities (ice baths, compression, mobility work, etc.)
- Experience in multi-disciplinary high-performance teams
- Willingness to work irregular hours aligned with training and match schedules

Safeguarding & Ethics

All appointments are subject to background verification and adherence to safeguarding policies. The role requires maintaining athlete welfare, confidentiality, and ethical conduct at all times.

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Remuneration:

Commensurate with qualifications and experience; as per Rugby India and Sports Authority of India (SAI) norms.

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