

Job Title: Team Physiotherapist

Reporting To: Head Coach

Location: National Camps, Competitions (Domestic & International), and Training Venues

Contract Type: Full-time / Project-based (as applicable)

Number of Positions – 4 (Senior Women, Youth (U20 & U18) Girls, Senior Men, Youth (U20 & U18) Boys)

Position Overview:

The Physiotherapist will be responsible for the prevention, assessment, treatment, and rehabilitation of all injuries and musculoskeletal issues for players of the Indian National Rugby Sevens Team. The role involves working closely with coaches, strength and conditioning staff, and medical professionals to ensure optimal player health, injury management, and performance readiness.

Interested candidates are requested to submit their CV's to ankush.arora@rugbyindia.in and sourojit.ghosh@rugbyindia.in by 15th June 2025.

Key Responsibilities:

1. Injury Prevention and Management:

- Conduct regular screening and assessment of athletes to identify injury risks.
- Develop and implement individualized injury prevention programs.
- Provide immediate and effective pitch-side injury assessment and care.
- Maintain up-to-date injury logs, treatment records, and rehabilitation plans.

2. Treatment and Rehabilitation:

- Deliver evidence-based physiotherapy treatments for injured athletes.
- Design and supervise rehabilitation programs to ensure safe return to play.
- Monitor and modify rehabilitation plans as needed in collaboration with other medical staff.

3. Travel and Match Support:

- Provide physiotherapy services during national training camps, tournaments, and international tours.
- Prepare players pre-match (strapping, taping, mobility, etc.) and provide post-match recovery care.
- Coordinate with local medical services for emergency or specialist support if required.

4. Communication and Reporting:

- Collaborate with coaches and performance staff to manage player availability.
- Provide regular updates and medical reports to the head coach and management.

- Liaise with external medical practitioners where necessary for scans, consultations, or surgeries.

5. Athlete Education & Wellness:

- Educate players on injury prevention, body mechanics, and recovery protocols.
 - Promote best practices in recovery, nutrition (in coordination with dietitians if available), and overall wellness.
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Qualifications & Experience:

- Bachelor's or Master's Degree in Physiotherapy (BPT/MPT)
 - Valid license/registration with Indian Association of Physiotherapists (IAP) or relevant council
 - Minimum 3 years of experience working in elite sport (experience in contact sports like rugby preferred)
 - World Rugby Level 2 Certification in sports physiotherapy
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Skills & Attributes:

- Strong knowledge of musculoskeletal assessment and sports injury rehab
 - Ability to work under pressure in high-performance, fast-paced environments
 - Excellent communication and interpersonal skills
 - Willingness to travel extensively and work non-standard hours
 - Commitment to athlete confidentiality and professional ethics
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Remuneration:

Commensurate with qualifications and experience; as per standards set by Rugby India and Sports Authority of India (SAI)